



### **Free Medical Alert Necklace Offer for People with Diabetes**

The Diabetes Research and Wellness Foundation, a non-profit organization, offers free medical alert necklaces to people with diabetes. On the necklace, which is made of a nickel alloy, is written, "I HAVE DIABETES. PLEASE TEST MY BLOOD BEFORE TREATING ME." Medical identification (ID) helps people with diabetes get the care they need during medical emergencies. This is important for people with diabetes whose blood sugars can change quickly. For example, when a person's blood sugar is very low, he/she may be unable to call for help.

Wearing medical ID means medical facts about a person are quickly shared with the health care team. A medical alert ID is also used by people with other conditions as well, such as heart disease, allergies, dementia, asthma, autism, blood disorders or epilepsy. Children with special needs or people on a lot of medications or blood thinners should especially have this type of ID. People with many health problems may choose an ID that lists them all.




To get your free diabetes medical alert necklace simply fill out the coupon below and return it to the Diabetes Research and Wellness Foundation™ with a self-addressed stamped envelope to:

Free Diabetes Necklace  
Diabetes Research and Wellness Foundation™  
P.O. Box 96046  
Washington DC 20090-6046.

For more details about the free diabetes medical alert necklace, contact the Diabetes Research and Wellness Foundation at 202-298-9211.

Other sources of medical alert identification can be found on the Wisconsin Department of Health and Family Services Diabetes web site at <http://dhfs.wisconsin.gov/health/diabetes/ResourceGuide.htm>. Click on the *Additional Internet Resources* section. Information on medical alert ID is located on Page 3 of the document. Costs vary.

More information about Unity's Diabetes Health Program is available at [unityhealth.com](http://unityhealth.com), under *Fitness and Wellness*. You can also get more information about Unity's Diabetes Health Management Program by calling 1-608-821-4167, 1-888-829-5687 or emailing [diabetes@unityhealth.com](mailto:diabetes@unityhealth.com).

<b>FREE</b>		<b>DIABETES EMERGENCY NECKLACE</b>		
	In case of Emergency, the attending physician or paramedic needs to know you have diabetes.			
	Name _____			
	Address _____			
	City _____		State _____	Zip _____
Send a Self-Addressed, Stamped Envelope To: Free Diabetes Necklace Diabetes Research and Wellness Foundation™•P.O. Box 96046, Washington, DC 20090-6046				



For help to translate or understand this, please call 1-800-362-3310.

**Spanish** – Si necesita ayuda para traducir o entender este texto, por favor llame al teléfono 1-800-362-3310.

**Hmong** – Yog xav tau kev pab txhais cov ntaub ntauv no kom koj totaub, hu rau 1-800-362-3310.

**Russian** – Если вам не всё понятно в этом документе, позвоните по телефону 1-800-362-3310.

**Laotian** – grnjv-j;p.odkocx s]ng0Qk.9goNvsk.ooUF dti5ok3mitla[sk 1-800-362-3310.